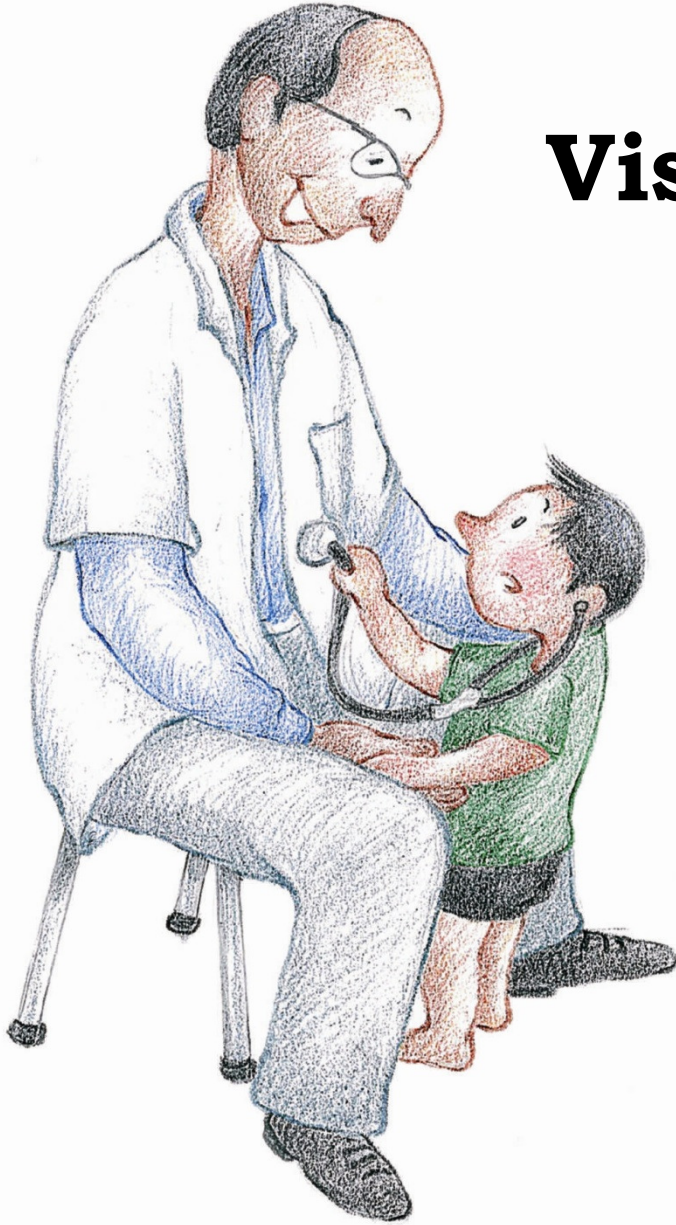


# Visiting Doctor Uncle



There are so many different  
kinds of people in the world.  
Some are tall and some short.  
Some are fair and some dark.

Some are men and some women.  
Some are old and some young.  
Some are adults and some children.





No matter what kind  
of people we are,

Some day or the  
other we all fall ill.

We may have fever,  
tummy ache  
or a running nose.

But then, we have to  
go to the doctor.

The doctor then checks us and gives us medicines so that we feel better.

Sometimes the doctor gives tablets or sometimes syrup or sometimes, even an injection.



Sometimes the doctor admits the patient in a hospital so that the patient gets complete rest and the doctor can take good care of the patient.



प्राथमिक

But sometimes,  
the doctor does not  
understand what is  
wrong with a patient.





At such times, the doctor asks the patient to get his/her blood tested.

A doctor aunty comes with a small needle and carefully draws blood.

Oooh.... We sometimes feel scared looking at the needle. But it does not pain much.

It feels like an ant bite.

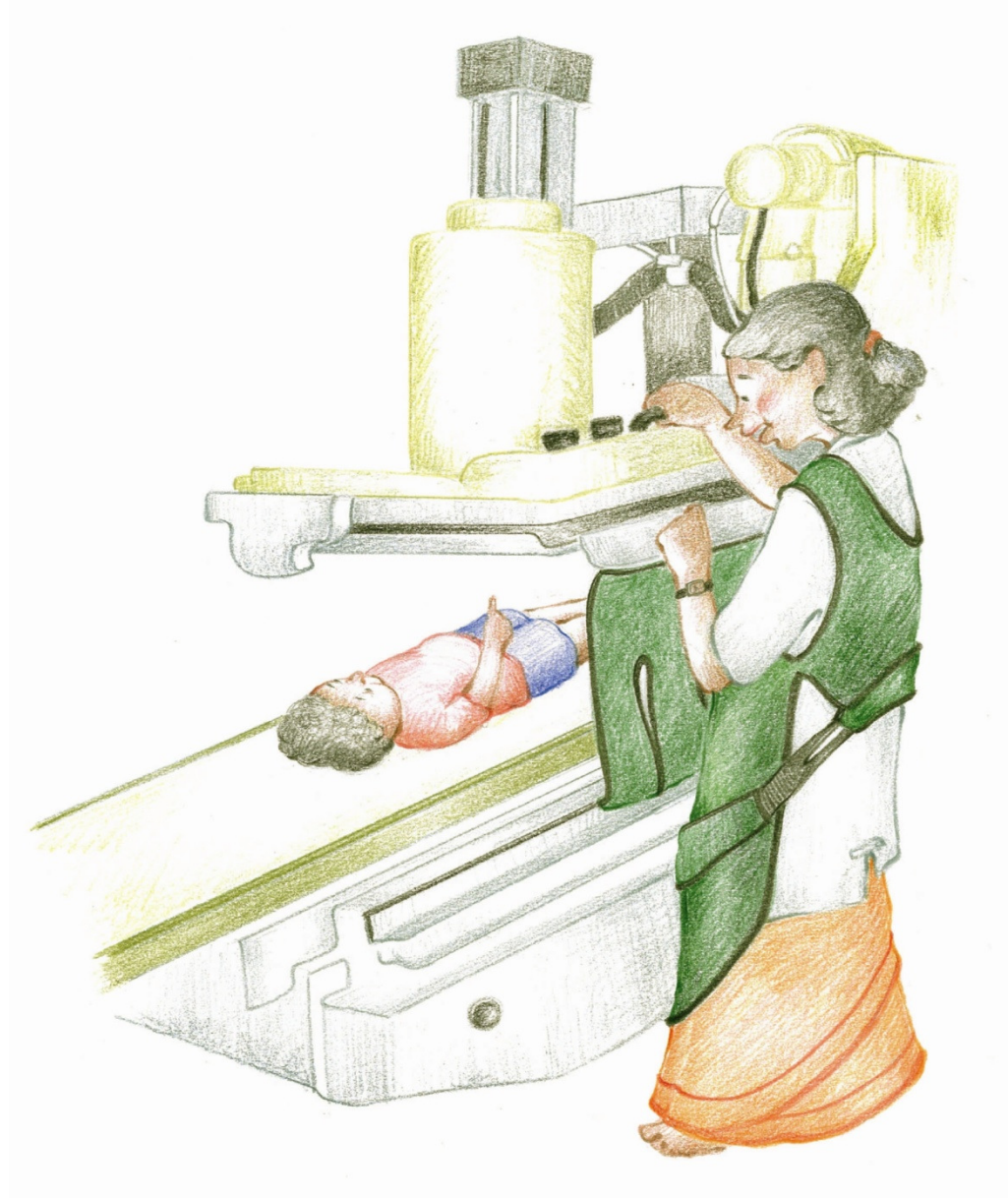
Sometimes the doctor asks the patient to undergo an ultra sonography.

Or some times, he has to look at the patient through a large machine.

The patient has to sleep inside the machine and the doctor clicks some photos.

After all this, doctor comes to know what is wrong with the patient.

And then he gives us medicines.





Some illnesses get cured quickly after taking medicines.

But some other illnesses may be troublesome.

They do not get cured quickly.

Then we need to take medicines for a longer time.

These medicines have to be taken regularly and on time. One should not miss them even once.

If one forgets to take the medicine, the illness starts troubling again.



Some illnesses are funny. If mom and dad get these illnesses, the baby may also get them. Then mom, dad and the baby all have to take the medicines.

Thus, we should learn when to take our medicines so that we never miss taking a single dose.

If we forget to take the medicines,

Then we may fall ill.



If we know  
when to take  
those  
edicines,  
we would  
remind our  
mom and dad  
to take them  
on time.



Doctor uncle tells the parents and children, “you should take medicines regularly and on time. And yes, always have good food.”

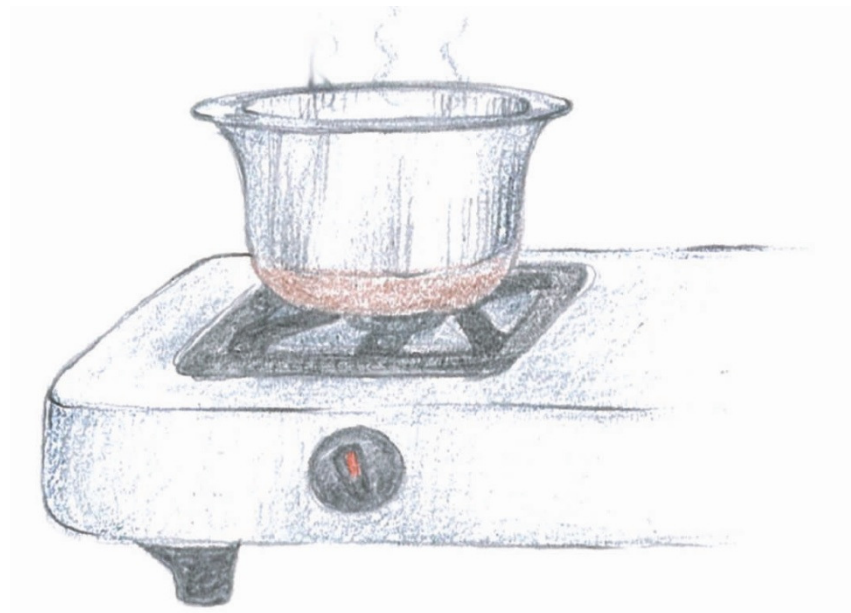


Sometimes one needs to take the medicines after eating meals. And so, we should eat on time and then take the medicines too on time.

If one eats hot, cooked and clean food then the medicines also work better.

The food should contain pulses and sprouts, leafy vegetables, salads and of course some fruits.

If we eat properly and as much as necessary we become strong and can fight with the illness better.



The water that we drink should always be boiled. When we boil the water, all the germs in it get killed and do not enter our tummy.

Sometimes we feel  
like eating things those  
we get at the roadside;  
ice creams, muffins, ice  
lollies, burgers and  
patties...ummm yummy!  
But this street food  
might contain germs.



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Such good  
children become  
strong and big.

Everybody  
loves good  
children.....  
Mom, dad  
Grandmom and  
granddad,  
Uncles and  
Aunties  
Teachers and  
shopkeepers  
too.....



And ....of course....our doctor uncle.  
He too loves good children.



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